USE SUNSENSE
Get outdoors and be sun safe

1. WEAR A BUCKET HAT!
A wide brim protects your ears, neck and face

2. PLAY IN THE SHADE!
Seek shade or create your own where it is not available

3. PUT ON SUNSCREEN!
SPF 30 or higher to protect your skin

4. COVER UP!
Wear weather appropriate clothing that provides sun protection

5. WEAR SUNGLASSES!
Protect your eyes