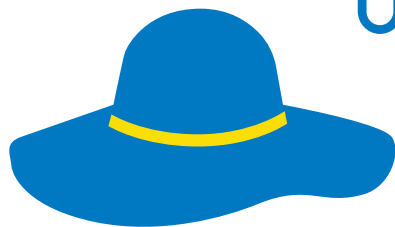


USE SUNSENSE

Get outdoors and be sun safe

1. Seek Shade

Seek shade or create your own where it is not available



3. Slap on a wide-brimmed hat

A wide brim protects your ears, neck and face

4. Slop on Sunscreen

SPF 30 or higher to protect your skin



2. Slip on protective clothing

Wear weather appropriate clothing that provides sun protection



5. Slide on sunglasses

Protect your eyes



Canadian
Cancer
Society

Generously supported by:

