

PEI Smokers' Helpline Fax Referral

Section 1 - To be Completed by Tobacco User (please print)

First Name: _____ Last Name: _____

Street Address: _____

Town/City: _____ Postal Code: _____

Tel: (h) _____ (w) _____ (c) _____

Language: English French e-mail: _____

Gender: male female _____

(Females only) Are you pregnant? yes no

Have you given birth in the past 6 months? yes no

The Smokers' Helpline usually calls within one business day of receiving a referral. When should we call?

morning afternoon evening anytime

May we leave a message identifying ourselves as Smokers' Helpline? yes no

Section 2 - Informed Consent

I give permission for this form to be faxed to Smokers' Helpline (SHL), so that SHL can contact me regarding my attempt to quit smoking, and also for SHL to communicate with my healthcare provider.

Signature of tobacco user _____ date (month/day/year) _____

This information will be collected, used and shared for the sole purpose of delivering services to you. You may choose not to participate or not to answer any question with no effect to your future care.

Section 3 - Referral Source

Physician Nurse Pharmacist Workplace

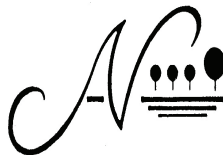
Respiratory Therapist Dental Hygienist Dentist Social Worker

Other: _____ Tel: _____

First Name: _____ Last Name: _____



**PEI
Respiratory
Therapists**



**PEI
Pharmacists
Association**



Department of Health

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Health Canada Santé Canada

Fax: 1 877 513-5334

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What is the fax referral program?

Fax referral is a service for health care providers, employers, and others interested in helping smokers to quit. In as little as three minutes, you can help by asking about tobacco use, assessing readiness to quit and making referrals to the Smokers' Helpline. The fax referral program provides a linkage between minimal contact interventions and counseling services. To download the form, click the link on the homepage of the Canadian Cancer Society, PEI Division: www.cancer.ca.

What is Smokers' Helpline?

Smokers' Helpline is a free, confidential telephone service staffed by trained Quit Specialists with a proven track record for helping individuals to quit using tobacco products. Specialists assess individual's needs, listen to concerns and provide information on how to develop a quit plan. Services are provided in both English and French at 1 877 513-5333.

How does the Smokers' Helpline fax referral work?

A Quit Specialist initiates a call within a day of receiving the referral. Smokers' Helpline will make four call attempts based on stated availability. All calls are in accordance with approved Smokers' Helpline protocol. The protocol ensures that individuals receive evidence-based tobacco use cessation counseling, information and materials. As a referral source, you are encouraged to follow-up to assess the outcome of the intervention.

How can I become involved?

- Ask the tobacco user if he or she has used tobacco products within the last six months.
- If the answer is yes, briefly assess his/her readiness to quit and advise about the benefits of quitting. Ask if the individual would like to be referred to the Smokers' Helpline for free support in quitting and/or staying tobacco-free.
- If in agreement, make a referral to the Helpline.
- Fax the completed form to 1 877 513-5334.
- Retain signed consent form for reference and follow-up.

You will be contacted by Smokers' Helpline in the event of a fax transmission error or receipt of an unsigned form. For more information visit Smokers' Helpline Online at www.smokershelpline.ca.

Revised June 2009